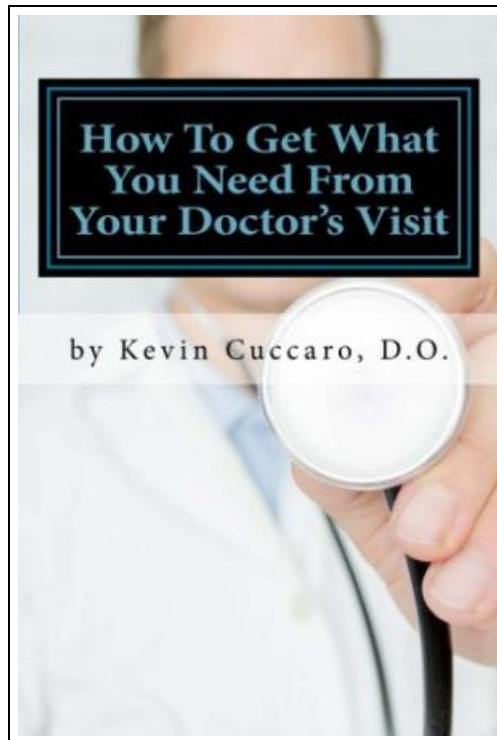


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HOW TO GET WHAT YOU NEED FROM YOUR DOCTOR'S VISIT: THE 7 QUESTIONS TO KNOW (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.

Are you getting what you need from your doctor's appointment? Do you feel your doctor is rushed and doesn't seem to hear what you're trying to say? When you left your last health visit did you feel like you knew less than when you walked in? If so, you're not alone. But most common advice doesn't work. Advice like, -Talk to your doctor about all your past medical problems. Doing this in the wrong way could make your appointment worse! -Get the first (or last) appointment of the day so you can talk longer. What happens when you have an emergency? Or can't get a visit scheduled during those times? -Write out every question you have for your doctor to answer. No! To get the most from your doctor's appointment it isn't the number of questions that's important. It's using the right questions This book gives you the seven simple questions you can use to help make your office visit more effective (and efficient) for both you and your healthcare provider. When you use The 7 Questions you arm yourself with a new health skill set. You're not only prepared for your appointment but you'll be able to give the critical advice your doctor needs to know quickly and concisely. Here's what others have to say about The 7 Questions The 7 Questions You Need To Know Before Seeing Your Doctor was so helpful and beneficial to my family and myself. Due to issues my son deals with, we see different doctors quite frequently. Since reading Dr. Cuccaro's easy to read (and humorous!) guide to talking with...



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