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## Broken Trust: A Practical Guide to Identify and Recover from Toxic Faith, Toxic Church, and Spiritual Abuse (Paperback)

By F Remy Diederich

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.If you have suffered spiritual abuse from a toxic church, toxic organization, or toxic leader, your trust has been broken. You entrusted your life to someone you thought would care for you: someone who initially inspired you to know God, only to reject you in the end. Now you are left wounded and disillusioned, wondering if you can ever trust others, yourself, or possibly even God, again. Have You Been Hurt by Spiritual Abuse? Most people don't understand the devastating impact of spiritual abuse. Many suffer from Post Traumatic Stress Disorder (PTSD) as a result of experiencing it. If you think your spiritual community might be abusive, or you have just left an abusive congregation, then this book could give you the direction you are looking for. In Broken Trust, F. Remy Diederich relates his personal experiences of toxic faith and spiritual abuse along with the experiences of other survivors. But this isn't just another tell-all story of abuse; it's a guide that will help you to first identify spiritual abuse, and then offer you a practical plan for...



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