



## Colouring Therapy: Doodle Dream

By Christina Rose

Bell Mackenzie Publishing, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Colouring Therapy: doodle dream Anti-Stress colouring for adultsA relaxing and therapeutic colouring books for all ages. Stunning and detailed images help soothe the tensions of a busy lifestyle and focus your mind on the joy of colouring. Unwind and allow yourself to doodle dream for hours.Each of the individual drawings is accompanied by inspirational quotes and specially printed on a single page with the reverse left blank so you can cut out and keep, to create a picture perfect for framing or displaying.You may also enjoy other creative doodle dream adult colouring titles by Christina Rose: Art Therapy: doodle dream Anti-Stress Colouring: doodle dream Creative Colouring: doodle dream Love You Mum: doodle dream Love You Grandma: doodle dream.



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