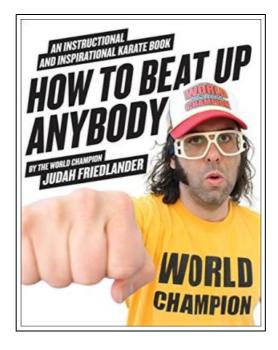
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HarperCollins Publishers Inc, United States, 2011. Paperback. Condition: New. Language: English. Brand New Book. World Champion Judah Friedlander tells you How to Beat Up Anybody in this insanely hilarious satirical martial arts guide. Better known as an award-winning stand-up comic, actor, and star of 30 Rock, Friedlander shares his adventures in butt-kicking with lucky readers in a self-defense handbook in the gut-busting vein of The Truth About Chuck Norris.

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