



## My Protocol: How I Broke the Rules and Survived Cancer (Paperback)

By Lynda Spinelli

Lynda M. Spinelli, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.I have always been a member of the holistic health community. I practiced yoga. I was a trained massage therapist. I tried to eat well. I avoided medicine as much as possible. I considered myself to be pretty healthy, until I wasn't. In the year 2000, I was diagnosed with a form of colorectal cancer, rectosigmoid cancer, and I was devastated. I felt lost and alone. I knew that traditional treatment was not for me, so I took control of my treatment plan, and I embraced my protocol.



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*Completely essential go through book. I actually have go through and i am sure that i am going to going to read yet again yet again later on. It is extremely difficult to leave it before concluding, once you begin to read the book.*

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*Undoubtedly, this is actually the very best job by any writer. It is loaded with wisdom and knowledge You will not really feel monotony at anytime of your respective time (that's what catalogs are for concerning when you check with me).*

-- **Prof. Lawson Stokes IV**