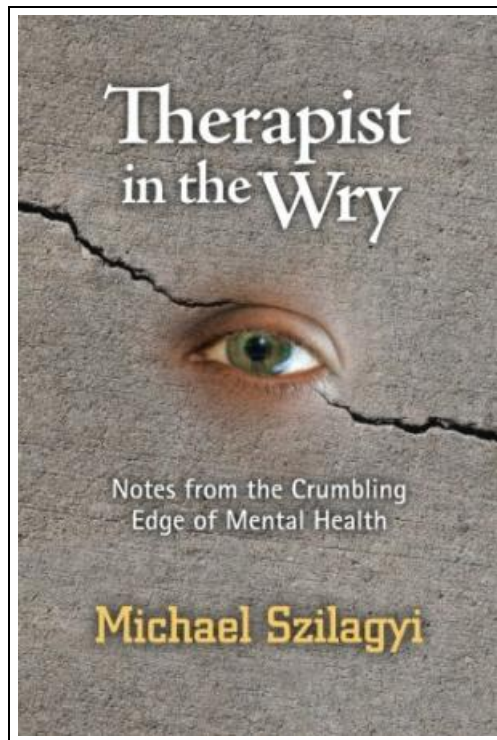


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(Alfreda Barrows)

THERAPIST IN THE WRY: NOTES FROM THE CRUMBLING EDGE OF MENTAL HEALTH



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Jorvik Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. A delightful peek into the mental health underworld! Michael Szilagyi mixes dark humor with an endearing compassion for humanity in his breakout publication. A must-read for clinicians, students, and anyone seeking to understand the inner workings of the mental health field. -- Dr. Jennifer M. Durham, D. Min., LPCC-S, CTT, CTS While psychotherapy is not recognized as a particularly amusing career choice, Therapist in the Wry delivers a hilarious blow-by-blow account of daily life as a counselor in a community mental health facility in Middle America. After surviving his colorful half-Hungarian family and facing personal tragedies, gross injustices and many minor mishaps, Michael Szilagyi discovered he suffered from attention deficit disorder and other assorted ailments. But his most serious life-long affliction is dark humor syndrome, activated by almost any therapeutic incident, family occasion or domestic ordeal. Pigeonholed as an underachiever through school, he proceeded to ace college and qualify as a licensed clinical counselor. Not being entirely normal, he had an intuitive feel for what his clients must be experiencing. From behind his nom de plume Szilagyi takes a fond swipe at everything - vacuous team leaders, incompetent administrators, eccentric co-workers, exotic family members, even his pet cats. The people he identifies most readily with are usually his patients - the isolated and lonely, the weird and the lovable, sometimes the violent and felonious. By turns deadly serious and gently mocking, at times totally outraged, often laughing uncontrollably, the author brings home the absurd reality of working on the front line of America's crisis-ridden mental health system. Anyone who has worked in non-profit mental health will love this book. The descriptions are vivid and at...



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