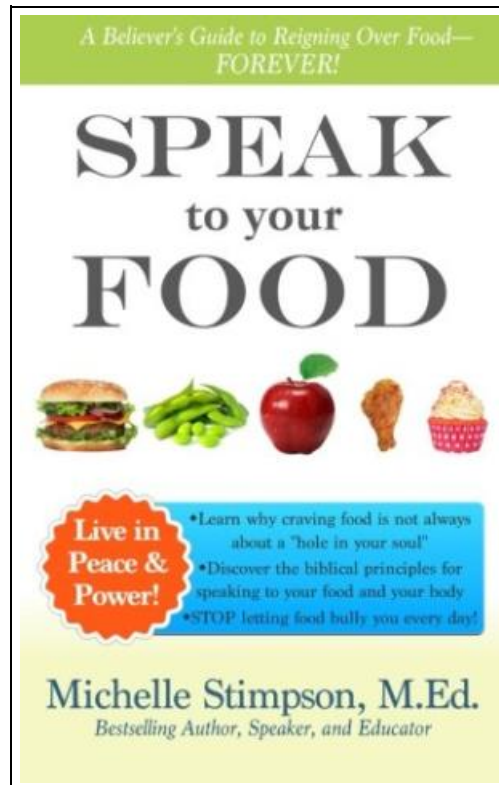


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Reviews

*It is one of the best publications. It really is loaded with knowledge and wisdom. You may like the way the blogger writes this ebook.
(Prof. Shannon Wehner PhD)*

SPEAK TO YOUR FOOD: A BELIEVER'S GUIDE TO REIGNING OVER FOOD (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are you tired of being bullied by food? Wondering why the power of the indwelling Holy Spirit somehow isn't translating into power over a simple piece of cake? Perhaps it's because you haven't activated that power by speaking to your food. (Yes, literally!) Most Christian weight loss books tell us that we're over-feeding our faces in an effort to fill the space in our hearts that only God can occupy. But this simply isn't true for everyone. Many believers are actually in spiritual warfare because we have an enemy in the land who comes to distract, discourage and destroy believers from the inside out by distorting natural desires. Spiritual attacks aren't overcome by will power or working on ourselves. These kinds of battles are won by charging into the supernatural arena and skillfully wielding the weapons we have in our possession, namely the Word! After a twenty-year struggle with food, bestselling Christian author Michelle Stimpson finally understood how Jesus spoke to things, including food, and took dominion over physical matter. And she's written this book to let you know that you can take authority over food, too! You don't need to read another book, buy another gym membership, or enroll in another diet program until you first learn to destroy the enemy's cleverly planted suggestions and whispers with powerful words spoken from your very own lips.



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