



The Unchained Mind: How to Get Out of Your Own Way to Succeed in Life and Business (Paperback)

By Lorenzo L Sellers

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do you know how the circus trains their elephants? Baby circus elephants are tied to a strong metal post with a heavy chain because they will try to escape and expend a lot of energy on pulling at their tether. After some time, they accept that they will not be able to escape and eventually stop pulling. The now adult elephants are tethered to a wooden stake with a light rope. I know what you re thinking. They could easily escape now! And you would be right. They could escape if they BELIEVED they could. But they believe they are unable to do so and so the light tethering works as a kind of symbol of their bondage. It s clear that whether your beliefs are true or not is irrelevant. What matters is what you regard to be true. People believe all sorts of things for all sorts of reasons. Some beliefs are trivial while others are very important, but two things are certain: Our underlying beliefs operate at a deep subconscious level These underlying beliefs affect what...



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