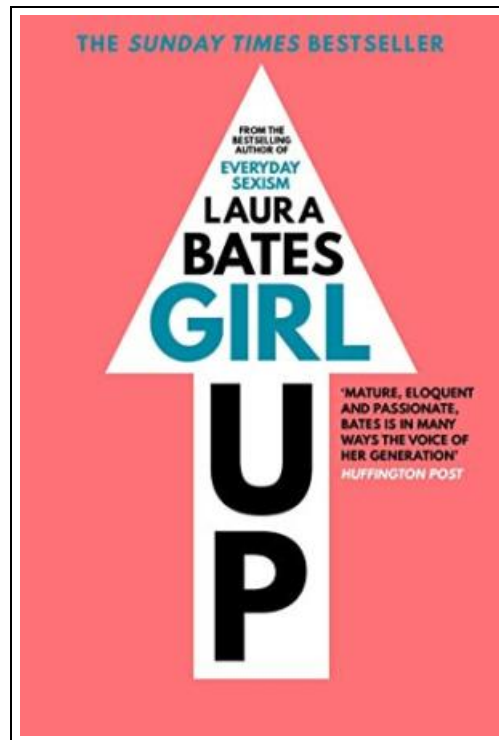


## Girl Up



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*(Perry Reinger)*

## GIRL UP



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Simon Schuster Ltd, United Kingdom, 2016. Paperback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. They told you you need to be thin and beautiful. They told you to wear longer skirts, avoid going out late at night and move in groups - never accept drinks from a stranger, and wear shoes you can run in more easily than heels. They told you to wear just enough make-up to look presentable but not enough to be a slut; to dress to flatter your apple, pear, hourglass figure, but not to be too tarty. They warned you that if you try to be strong, or take control, you ll be shrill, bossy, a ballbreaker. Of course it s fine for the boys, but you should know your place. They told you that s not for girls - take it as a compliment - don t rock the boat - that ll go straight to your hips . They told you beauty is on the inside , but you knew they didn t really mean it. Well screw that. I m here to tell you something else. Hilarious, jaunty and bold, GIRL UP exposes the truth about the pressures surrounding body image, the false representations in media, the complexities of a sex and relationships, the trials of social media and all the other lies they told us. Bates takes a myth-busting approach to body image, food, sex and advertising, and is particularly good at boiling down feminist language into a snappy, everyday vernacular without diluting its power. Metro Essential reading for young women and girls, Girl Up is set to become a key guiding text for the next generation like The Beauty Myth and The Feminine Mystique have for preceding generations. Morning Star Online It s hardly...

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