

## Tipping Sacred Cows (Paperback)

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## Reviews

This pdf is fantastic. Sure, it can be engage in, nevertheless an interesting and amazing literature. Its been developed in an remarkably straightforward way and is particularly merely after i finished reading through this publication where in fact transformed me, change the way in my opinion.

(Mr. Lee Simonis PhD)

## **TIPPING SACRED COWS (PAPERBACK)**



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Beyond Words Publishing, United States, 2014. Paperback. Condition: New. Original.. Language: English . Brand New Book. Tip over your sacred cows of belief, dump your personal prejudices and biases, and begin to rebuild a spiritual lifestyle that really works. Wife, mother, and award-winning producer of the sleeper hit What the Bleep Do We Know!? Betsy Chasse thought she had it all figured out.until she realized she didn t. She didn t know anything about happiness, love, spirituality, or herself.nothing, nada, zilch. In a book that s anything but quiet, Chasse takes readers on a playful romp through the muddy fields of life and spirituality. Witty, yet unflinching, Chasse exposes her own experience tipping sacred cows and dissects the fragile beliefs we all hold so dear. Because the truth is, we each have a choice to believe the stories we tell ourselves or create new ones. A candid, no-nonsense confession, Chasse s story gives readers the freedom to break free from their old patterns and gleefully frolic through fields, cow tipping at will and in the process, create a new reality for themselves.

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