



## Taking Charge of Your Time Stress: Proven Skills for Life Leadership, and Ministry

By Dr Lloyd Elder

Authors Publisher. Paperback. Book Condition: New. Paperback. 206 pages. Dimensions: 9.7in. x 7.4in. x 0.4in. Offering more than 150 proven skills and best practices Taking charge of your life is one of the most significant and exciting tasks worthy for each day, and for the rest of your life. This book primarily intends to offer critical actions for your journey: Affirm your responsibility for taking charge of your life decisions. Accept time and stress as twin components at the core of your life. Take charge of your time and stress, as indeed life management. Claim the guidance and inspiration of your biblical faith in Christ. Draw on the research, experience, proven practices of others. Understand the process: explore, assess, decide, and take action. Enjoy the rich benefits of investing your disciplined attention. A reminder: If you do not take charge of your time and stress, others will be glad to do it for you. As evidenced in this book, Dr. Lloyd Elder has done extensive study, research, and writing in the areas of leadership, management, and ministry. His first pastorate was in Alaska, followed by 22 years pastoring churches in Texas. His high management skills led him to serve as Executive...



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