



Loving My Actual Christmas: An Experiment in Relishing the Season (Paperback)

By Alexandra Kuykendall

Baker Publishing Group, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. The Christmas season is a particularly difficult time for women to slow down and relish what's right in front of them. An annual marker for many, it is a holiday that can often remind us how life is not going as we'd planned. Our family relationships remain strained, our finances stretched, and our schedules stuffed with too much to do in too little time. Following the formula of her successful *Loving My Actual Life*, Alexandra Kuykendall shares with readers her own personal experiment to be completely present in her life as it is during the holiday season. Addressing the themes of Advent and Christmas, she reflects on hope, love, joy, peace, and relishing the season, with practical pullouts on common Christmas stressors, such as finances, schedules, and extended family. Kuykendall's signature candor helps women go easy on themselves, remember what truly matters, and find joy in their imperfect Christmases.

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