



## Alternative Vegan: International Vegan Fare Straight from the Produce Aisle

By Dino Sarma

Tofu Hound Press. Paperback. Condition: New. 164 pages. Dimensions: 9.2in. x 7.5in. x 0.6in. Tofu, seitan, tempeh, tofu, seitan, tempeh. . . it seems like so many vegans rely on these products as meat substitutes. Isn't it time to break out of the mold? Taking a fresh, bold, and alternative approach to vegan cooking without the substitutes, Dino Sarma brings you over 100 fully vegan recipes, many of which draw from his South Asian roots. Sharing his jazz-style approach to cooking, Dino also discusses how you can improvise in your own cooking with simple ingredients and how you can stock your kitchen to prepare simple and delicious vegan meals quickly. Whether you love tofu, seitan, and tempeh or hate it, *Alternative Vegan* shows you how to let the flavor shine through by cooking simply with fresh ingredients. One pot meals, and big salads; basic broccolo, demonic mushrooms and Asian roasted potatoes; international dishes such as Pakoras, Flautas, Bajji, and Kashmiri Biryani; simple snacks and appetizers like hummus canapes and no-cheese pizzas; drinks and desserts using fresh fruits: pomegranate and wine slushy, poached pears in mulled wine, jackfruit granite. . . and a whole lot more! This item ships from...



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