



Follow the Leader: A Journey to Self Realization

By Jyotika Ellwood

Balboa Press, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. *Follow The Leader: A Journey to Self Realization is a body, mind and soul book with a difference. It is designed to guide readers towards their highest potential through stories. * This fascinating book includes stories of personal experiences of self discovery, stories from different cultures including Native American like Geronimo and Australian aboriginal Dreamtime stories. This book explains the different religions and how they develop strong faith which is the positive aspect of religion whilst the opposite produces a blind faith or a faith seeped in prejudice that makes us judge ourselves as being holier than others. * The chakras are explained in stories as well, like the deeply moving story of Raicharan. The seven chakras are explained using scientific evidence to verify this amazing power of the body's secret healing system and how this energy allows one to reach their highest potential. Our sole purpose for being here is to develop our soul, and this can only be done when we consciously change all those negative traits of our inherited and conditioned personality by...



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Reviews

Merely no phrases to describe. It really is rally intriguing throug reading time. I am happy to tell you that this is basically the greatest book i have go through in my own lifestyle and might be he greatest book for ever.

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A must buy book if you need to adding benefit. It is rally intriguing throug reading time period. I am pleased to tell you that here is the very best book i actually have study in my very own lifestyle and may be he finest ebook for at any time.

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