



## The Urban Homestead: Self-Sufficient Living in the City

By Kelly Coyne, Erik Knutzen

Process Media. Paperback. Book Condition: new. BRAND NEW, The Urban Homestead: Self-Sufficient Living in the City, Kelly Coyne, Erik Knutzen, "A delightfully readable and very useful guide to front- and back-yard vegetable gardening, food foraging, food preserving, chicken keeping, and other useful skills for anyone interested in taking a more active role in growing and preparing the food they eat."--BoingBoing.net This celebrated, essential handbook for the urban homesteading movement shows how to grow and preserve your own food, clean your house without toxins, raise chickens, gain energy independence, and more. Step-by-step projects, tips, and anecdotes will help get you started homesteading immediately. The Urban Homestead is also a guidebook to the larger movement and will point you to the best books and Internet resources on self-sufficiency topics. Written by city dwellers for city dwellers, this copiously illustrated, two-color instruction book proposes a paradigm shift that will improve our lives, our community, and our planet. By growing our own food and harnessing natural energy, we are planting seeds for the future of our cities. New projects include: How to sterilize jars and bottles How to make infused oil Six ways to preserve a tomato How to make soda bread How to...



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