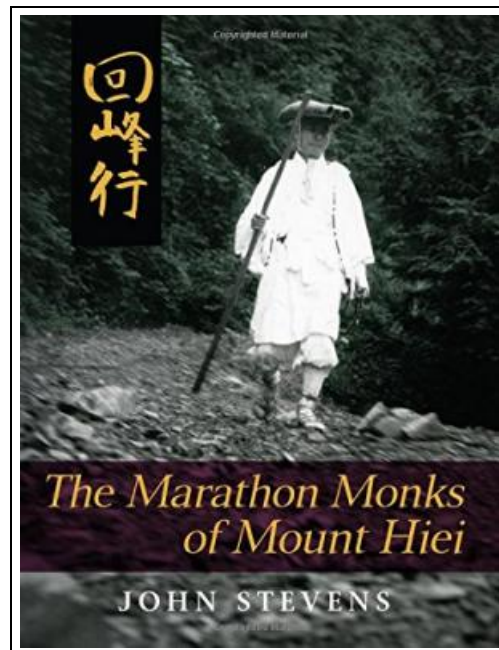


The Marathon Monks of Mount Hiei (Paperback)



Filesize: 8.48 MB

Reviews

Very useful to all group of folks. This really is for all who statte there was not a worthy of reading. I am very happy to explain how this is the best pdf i have study inside my personal life and can be he greatest book for actually.
(Marcelle Homenick)

THE MARATHON MONKS OF MOUNT HIEI (PAPERBACK)

[DOWNLOAD](#)

Echo Point Books Media, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The greatest athletes in the world today are not the Olympic champions or the stars of professional sports, but the marathon monks of Japan's sacred Mount Hiei. Over a seven-year training period, these running buddhas figuratively circle the globe on foot. During one incredible 100-day stretch, they cover 52.5 miles daily--twice the length of an Olympic marathon. And the prize they seek to capture is the greatest thing a human being can achieve: enlightenment in the here and now. This book is about these amazing men, the magic mountain on which they train, and the philosophy of Tendai Buddhism, which inspires them in their quest for the supreme. The reader will learn about the monks death-defying fasts, their vegetarian training diet, their handmade straw running shoes, and feats of endurance such as their ceremonial leap into a waterfall. Illustrated with superb photographs, the book also contains the first full-length study in English of Mount Hiei and Tendai Buddhism. John Stevens lived in Japan for thirty-five years, where he was a professor of Buddhist studies at Tohoku Fukushi University in Sendai. Stevens is a widely respected translator, an ordained Buddhist priest, a curator of several major exhibitions of Zen art, and an aikido instructor. He has authored more than thirty books and is one of the foremost Western experts on aikido, holding a ranking of 7th dan Aikikai. Stevens has also studied calligraphy for decades, authoring the classic Sacred Calligraphy of the East. Other John Stevens titles that are likely to be of interest include Extraordinary Zen Masters and The Philosophy of Aikido.

[Read The Marathon Monks of Mount Hiei \(Paperback\) Online](#)[Download PDF The Marathon Monks of Mount Hiei \(Paperback\)](#)

Other Books



Leap into Darkness: Seven Years on the Run in Wartime Europe

Anchor. PAPERBACK. Book Condition: New. 0385497059 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST with...

[Save eBook »](#)



Daddyteller: How to Be a Hero to Your Kids and Teach Them What s Really by Telling Them One Simple Story at a Time

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.You have the power, Dad, to influence and educate your child. You can...

[Save eBook »](#)



Do This! Not That!: The Ultimate Handbook of Counterintuitive Parenting

Skyhorse Publishing. Paperback / softback. Book Condition: new. BRAND NEW, Do This! Not That!: The Ultimate Handbook of Counterintuitive Parenting, Anna Glas, Ase Teiner, Malou Fickling, There are loads of books covering the basics of...

[Save eBook »](#)



The First Epistle of H. N. a Crying-Voyce of the Holye Spirit of Loue. Translated Out of Base-Almayne Into English. (1574)

Eebo Editions, Proquest, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now...

[Save eBook »](#)



RCadvisor s Modify: Design and Build From Scratch Your Own Modern Flying Model Airplane In One Day for Just

Rcadvisor.com, United States, 2009. Paperback. Book Condition: New. 238 x 166 mm. Language: English . Brand New Book ***** Print on Demand *****.Experience firsthand the joys of building and flying your very own model airplane...

[Save eBook »](#)



Art appreciation (travel services and hotel management professional services and management expertise secondary vocational education teaching materials supporting national planning book)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Pages Number: 146 Publisher: Higher Education Pub. Date :2009-07-01 version 2. This book is

[Download Document »](#)



Read Write Inc. Phonics: Blue Set 6 Non-Fiction 5 at the Seaside

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 207 x 102 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books

[Download Document »](#)



The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she

[Download Document »](#)



The Mystery of God s Evidence They Don t Want You to Know of

Createspace, United States, 2012. Paperback. Book Condition: New. 276 x 214 mm. Language: English . Brand New Book ***** Print on Demand *****.Save children s lives learn the discovery of God Can we discover God?

[Download Document »](#)



Author Day (Young Hippo Kids in Miss Colman's Class)

Scholastic Hippo, 1996. Paperback. Book Condition: New. Brand new books and maps available immediately from a reputable and well rated UK bookseller - not sent from the USA; despatched promptly and reliably worldwide by Royal

[Download Document »](#)