Evidence Synthesis for Determining the Efficacy of Psychotherapy for Treatment Resistant Depression (Paperback)

By U S Department of Veterans Affairs, Health Services Research Deve Service

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Major depressive disorder (MDD) is one of the leading causes of disability worldwide. The lifetime prevalence of MDD in the general population is estimated at 13 2, of which approximately 20 will experience chronic depression and 60-85 will experience recurrence and relapse. This number is even higher in the VA medical system, where an estimated one third of veterans experience MDD. MDD is associated with greater health care utilization, greater functional impairment, and increased mortality. In addition, subclinical symptoms of depression can reduce quality of life, worsen disability, and adversely affect co-existing chronic medical conditions. Both antidepressant medications and depression-specific psychotherapies are effective as first-line treatments for MDD. In primary care settings, most patients with MDD are treated with antidepressant medications, but a substantial proportion of patients fail to recover with this initial treatment. This evidence synthesis was requested to evaluate the efficacy of psychological treatments as step-2 treatment for patients with MDD who do not achieve remission with an initial course of antidepressant medication. Major depressive disorder (MDD) is a prevalent disorder impacting an estimated 13 of the...

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