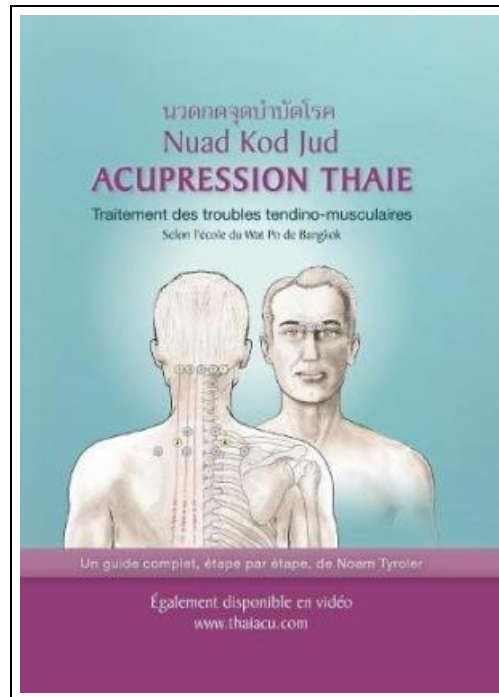


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(Imogene Bergstrom)

ACUPRESSION THAIE: TRAITEMENT DES TROUBLES TENDINO-MUSCULAIRES SELON L ECOLE DU WAT PO DE BANGKOK (PAPERBACK)



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Thai Acupression, United States, 2017. Paperback. Condition: New. Language: French . Brand New Book ***** Print on Demand *****.L ACUPRESSION THAIE Nuad kod Jud bumbud rok est la branche thErapeutique du massage thal Ce guide complet et dEtaille comprend: - 60 protocoles thErapeutiques traditionnels pour traiter les douleurs liEes aux affections des muscles, tendons et articulations. - un atlas anatomique pour localiser les 230 points d acupression - plus de 200 schEmas et 800 photos Un guide pour vous accompagner pas A pas Du diagnostic A l application du traitement, 60 protocoles simples, pour soigner les maux les plus courants: - maux de tEte et troubles de la face - troubles de la nuque, de l Epaule, du bras, du coude et du poignet - entorses de cheville, du poignet et des doigts de pied - mal de dos, douleurs lombaires, problEmes de hanche, jambe et genoux A qui s adresse ce livre ? Aux praticiens en massage thal, acupression, kinEsithErapie, ostEopathie, acupuncture, shiatsu, Tuina, Amma, rEflexologie, massage Deep Tissue, massage sportif, massage suEdois, mais Egalement aux prEparateurs physiques, professeurs de fitness, de Pilates, ou de yoga ! L acupression thale, c est quoi ? Une thErapeutique traditionnelle ancestrale utilisEe pour soigner la plupart des maux, par la pression de points ou de lignes d Energie spEcifiques. On utilise pour cela les pouces, les mains, les coudes, ou les genoux. Cet ouvrage prEsente les fondamentaux de l acupression thale, A travers des sEquences de points clE en main. Chaque protocole comporte un enchaînement spEcifique de points qui traite une affection particuliEre. L acupression thale est mEconnue en occident, y compris des praticiens en massage thal. Les protocoles thErapeutiques d acupression thale permettent de soigner des douleurs ciblEes, liEes A certains troubles musculaires ou tendineux, ce qui n est pas le...

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