



la fatigue d'être soi - dépression et société

By Ehrenberg, Alain

ODILE JACOB, 2000. Paperback. Condition: NEUF. Fatigue, inhibition, insomnie, anxiété, indécision : la plupart des difficultés rencontrées dans la vie quotidienne sont aujourd'hui assimilées à de la dépression. Croisant l'histoire de la psychiatrie et celles des modes de vie, Alain Ehrenberg suggère que cette " maladie " est inhérente à une société où la norme n'est plus fondée sur la culpabilité et la discipline, mais sur la responsabilité et l'initiative ; elle est la contrepartie de l'énergie que chacun doit mobiliser pour devenir soi-même. Et si la dépression était surtout le révélateur des mutations de l'individu ? " Cet ouvrage s'inscrit parmi les meilleurs travaux actuels qui cherchent à cerner le visage et la psychologie de l'homme des sociétés occidentales développées." La Quinzaine littéraire. " Un ouvrage qui dérange les conformismes. " Pascal Bruckner, Le Nouvel Observateur. " Ce livre devrait être sur le chevet de tout psychiatre. " Synapse. - Nombre de page(s) : 415 - Langue : fre - Genre : Essais de Sociologie.



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