



Make Ahead Freezer Meal Recipes: Because Wouldn't It Be Nice If Dinner Was Already in the Freezer? (Paperback)

By Amber Brooks

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Make Ahead Freezer Meal Recipes Wouldn't it be nice if dinner was already in the freezer? Are you too busy to cook every day? Do you order greasy pizza or Chinese food, or fast food because you don't have time to make dinner when you get home from work? Do you want to eat healthy, homemade, tasty meals, but you think that you just don't have time to make that a reality? Well, this book is for you!!! Make ahead freezer meals are really as simple as they sound, you just make them ahead of time and put them in the freezer. Then when you get home, dinner is already in the freezer, and all you have to do is reheat it. You can make all kinds of freezer meals: you can have breakfast ready before you wake up; you can take lunch to work and reheat it there; you can even have party dishes waiting for you in the freezer for the next potluck you get invited to. You can make weeks or even months worth of food...

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