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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: German . Brand New Book ***** Print on Demand *****. Wie Zucker uns krank macht und was Du dagegen tun kannst Wie Du Deine Gier nach Suem dauerhaft uberwinden wirst Sagst Du oft: Nur ein Stuck Schokolade! - und dann ist doch wieder im Handumdrehen die ganze Tafel weg? Hast Du einen heimlichen Vorrat an Suigkeiten? Wirst Du unruhig, gereizt, vielleicht sogar aggressiv, wenn Du lange Zeit nichts Sues...

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- Authored by Philipp Jung
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