



Passing Punting Quarterbacking: The Norm Van Brocklin Football Book (Paperback)

By Norm Van Brocklin

Createspace Independent Publishing Platform, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Written for coaches, players, and fans, this book deals with two of the P s immortalized in the Punt, Pass and Pray system of Michigan s famed coach Fielding Yost, but passes lightly over the third. After a brief account of the forward pass from its birth at the turn of the century to its becoming the core of the professional game today, I take up the fundamentals of how to throw the ball, the grip, fading to pass, delivery of the ball. Since pass defense is so heavily emphasized in pro football, any discussion of the passing attack must begin with the defensive systems to be outwitted and outgunned. Consequently I discuss in detail the principal defensive alignments, their strengths and weaknesses, and how to beat them. And, of course, in order to beat the defense it is fundamental to provide adequate protection for the passer while he picks out his receivers. With this background, then, I take up in detail the heart of the passing game: the pass patterns and how they are executed. The individual pass routes...



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