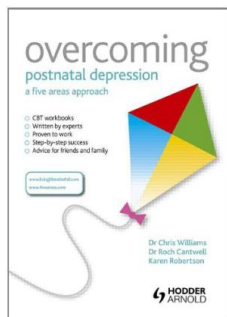


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## OVERCOMING POSTNATAL DEPRESSION: A FIVE AREAS APPROACH



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