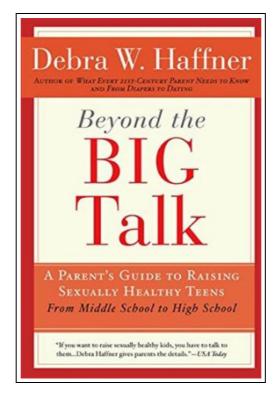
# Beyond the Big Talk: A Parent s Guide to Raising Sexually Healthy Teens from Middle School to High School and Beyond



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# BEYOND THE BIG TALK: A PARENT S GUIDE TO RAISING SEXUALLY HEALTHY TEENS FROM MIDDLE SCHOOL TO HIGH SCHOOL AND BEYOND



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Newmarket Press, U.S., United States, 2008. Paperback. Book Condition: New. Revised, Updated ed.. 226 x 150 mm. Language: English . Brand New Book. Every parent needs help in guiding their teenagers through the difficult adolescent years, when they face peer pressure, dating, alcohol, drugs, harassment, and pressure to have sex, among many issues. In this revised and updated edition of her acclaimed book, parenting educator Debra Haffner offers invaluable practical advice, sample conversations, and checklists that parents can use to talk to their teens. The book includes: Values Exercises to help you identify and communicate your beliefs to your teens Special Issues to advise you on discussing difficult topics such as eating disorders and date rape, and responding to your teen s questions about your own sexual history Teachable Moments to help you recognize opportunities or entry points into a discussion of important issues. Don t wait for your teen to say, I want to talk to you about sex today. It s not going to happen, writes Haffner's daughter, Alyssa, in the book's Foreword. You will probably have to initiate the discussion. It may be difficult at first, but most teens will talk to their parents if we think you are comfortable talking to us.

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