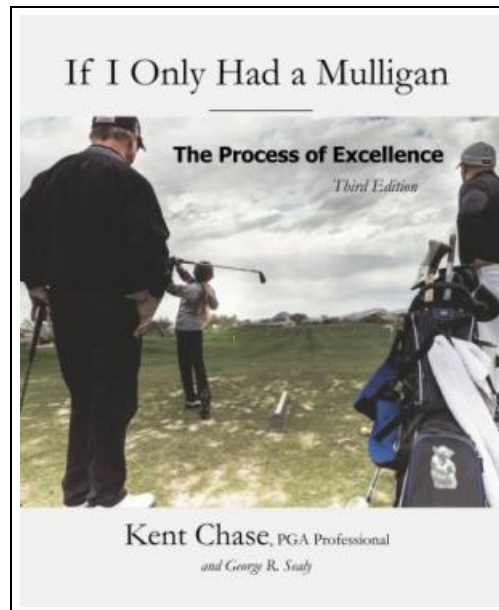


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IF I ONLY HAD A MULLIGAN: THE PROCESS OF EXCELLENCE (PAPERBACK)



Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Kent Chase is regarded as one of the best junior instructors in the world. His students have won championships at all levels of play including US Kids World, USGA Junior Amateur, USGA Amateur, PGA Tour events, and LPGA events. Numerous kids have won state high school championships and have gone on to receive scholarships and play in NCAA championships. He has even had world long driving champions. Most golf instruction focuses on setup and swing mechanics. Kent is a master technician and can improve any player s shot making in a very short time. He uses state of the art technology to help a player get into optimal positions and to execute a highly efficient swing that will compress the ball effectively. His students start to have a repeatable, professional grade swing at an early age. However, Kent s process for developing champions is why his students are so successful. The key concept is that how a player learns and progresses is just as important as what a player learns. That is, the process by which a player becomes a high level player plays an important and indelible role in being able to execute when it counts the most. In this book Kent explains his process for developing champions. It is a guidebook for parents and students that have aspirations of winning golf championships at the highest levels. You will also find a number of insightful stories about his students that illustrate the drive and the will to succeed. Jared Allen, a professional fitness trainer who has trained a number of professional players, provides his thoughts on how physical training plays a role in the developmental process. Jared shares valuable insights regarding...



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