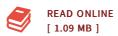




I am Your Mirror: Mirror Neurons & Empathy

By Matteo Rizzato, Davide Donelli

Blossoming Books. Paperback. Condition: new. BRAND NEW, I am Your Mirror: Mirror Neurons & Empathy, Matteo Rizzato, Davide Donelli, Discovered by Professor Giacomo Rizzolatti -- who has already been nominated for the Nobel Prize and who is the author of the preface to this book -- mirror neurons are one of the most exciting findings of contemporary neurology. To cut a long story short, they are nothing less than the scientific explanation of our capacity to show empathy. But.are you perhaps worried that reading some complex explanations as to the mechanisms of the human brain could become a somewhat frustrating experience? This book represents a pleasant surprise: written with a view to explaining some potentially difficult scientific issues to a non-specialised readership, it goes further still and makes us reflect on the importance of this awareness in our daily life, on how easy it is to affect (or be affected by) others attitudes and behaviour, on the imitating mechanisms that keep us connected with our ancestors, the primates, and on what it means to be social animals like us, who are born to interact with others.



Reviews

It in just one of the best ebook. I could possibly comprehended everything using this written e ebook. You wont feel monotony at whenever you want of your time (that's what catalogs are for regarding should you check with me).

-- Dayana Brekke Sr.

Very good e book and useful one. it was actually writtern extremely properly and useful. I found out this pdf from my i and dad recommended this publication to discover.

-- Heloise Wiegand