



## The Open Door: Meditations on Living an Authentic Life

By Patricia Forbes

iUniverse, United States, 2004. Paperback. Book Condition: New. 223 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Is there anybody who hasn't wished for a tool kit to navigate the troubled waters of daily life? Many struggle to heal from grief over lost loved ones, to make peace with who we really are, to battle the disease of addiction, the mountainous path of raising children and tame the fear of aging. The Open Door, written by Patricia Forbes, is just such a book. Patricia shares her painful journey through the death of two of her children, her efforts to reach a plateau of peace and trust once again. Patricia shares from the deep well of suffering, her journey, leading her through her own Open Door into the sunlight. From the floating anxiety that accompanies life's unexpected tragedies, the surfacing of courage and strength that sustain her are spelled out. She leads us in a time line from birth to old age, presenting us tools to deal with life in all its aspects. She paints pictures of her growth with vivid imagination, drawing upon observations of nature's healing power. Her absolute belief in...



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