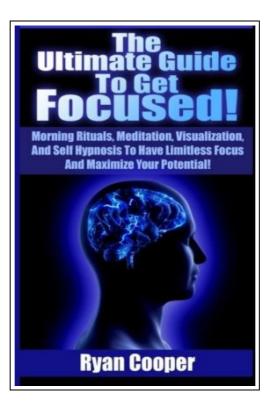
Focused: Using Morning Rituals, Meditation, Visualization, and Self Hypnosis to Have Limitless Focus and Maximize Your Potential! (Paperback)



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Reviews

This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book. (Prof. Dale Fahey MD)

FOCUSED: USING MORNING RITUALS, MEDITATION, VISUALIZATION, AND SELF HYPNOSIS TO HAVE LIMITLESS FOCUS AND MAXIMIZE YOUR POTENTIAL! (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This Focused book contains proven steps and strategies on how to quickly and efficiently begin using morning rituals, meditation, visualization, and self hypnosis to have limitless focus and maximize your potential!Today only, get this red hot amazing Amazon book for this incredibly discounted price! Focus is something most people have very little knowledge of. Imagine what you would be capable of if you could only get yourself focused. Most people let procrastination and bad habits run their life. They wake up and allow the day to take them wherever, with no clear direction on what they want and a plan of how to get it. The bottom line is, to do anything meaningful in this life you must have absolute focus and mental clarity! The good news is there is an exact formula for this, and I m about to reveal this formula to you in this book. Getting focused is a simple process that anyone can use to their advantage! Think of anyone you know that is successful and chances are they have an unbelievable focus. If you are ready to get focused and stop allowing the days to pass you by without accomplishing your goals then this is the right place to start. This book will guide you on how to use simple yet highly effective techniques as well as develop the right habits and mindset to become more focused in order to accomplish your goals in the shortest time possible. Here Is A Preview Of What You II Learn.The Power Of FocusUsing Morning Rituals To Get FocusedHow To Use Meditation To Get FocusedGetting Focused Using VisualizationUsing Self Hypnosis For Maximum FocusNeuro Linguistic Programming For FocusIncrease Productivity...

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