



Daily Bliss: Practical Ways to Experience God in Everyday Life (Paperback)

By Jeffrey Rothman

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book explores Jeffrey Rothman s thoughts about God, meditation, and the spiritual path. It is partially autobiographical, partially a philosophical explanation of his worldview, and partially a manual about how and why to engage in practices like meditation and prayer. Jeffrey has been strongly influenced by Zen Buddhism, but also simultaneously expresses a more relational experience of God that was influenced by both Christianity and Hinduism. To him, God is the experience of our own True Nature, an experience that anyone can have through the power of meditation. Our True Nature is already God/Buddha Itself, and to realize this is the greatest Bliss and the goal of human life. However, we can also simultaneously enjoy a relationship with what he calls the Personal God. Both these aspects of the spiritual path are explored in different parts of the book, and Jeffrey s own life narrative sets the stage for why he feels that both viewpoints are important.



READ ONLINE
[7.31 MB]

Reviews

This ebook may be worth purchasing. it absolutely was writtern extremely completely and useful. You will not truly feel monotony at whenever you want of your respective time (that's what catalogs are for relating to when you ask me).

-- **Idella Halvorson**

This book is wonderful. It really is writter in easy words and never difficult to understand. I am quickly can get a satisfaction of reading a created ebook.

-- **Carley Huels**