



## Profile of Nutrition of Rural Adolescent Girls

By D.L. Kusuma

Discovery Publishing House Pvt. Ltd., 2001. Hardcover. Condition: New. The socio-cultural and demographic milieu is crucial to the understanding of the Nutritional status of different Population groups. The different parameters of Nutrition status viz., anthropometric, dietary, bio-chemical and functional indicators can throw light on different levels degrees of nutritional status. A profile of these indicators particularly that of the vulnerable Groups is essential for early Detection of malnutrition, selection of appropriate interventions, selection of relevant strategies to combat the different types of malnutrition. Adolescents, girls in particular are potential groups that determine the present and the future quality of human life. In this Context an analysis of their nutrition and consequent functional and Health status is of paramount importance. This Book titled `Profile of Nutrition of Rural Adolescent Girls` aims at focusing on the different types and magnitude of Malnutrition among the rural adolescent girls residing in drought prone and affected areas. This can serve as a resource Material for students, Teachers and other extension workers in Nutrition and Health Care programmes. Contents, I. INTRODUCTION II. REVIEW OF literature : 1. Anthropometric assessment of nutritional status 2. Assessment of Body composition 3. food Consumption studies-significance in nutritional surveys 4. Bio-chemical...



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