



Anyone Can Get an A+ Companion Workbook: How to Beat Procrastination, Reduce Stress and Improve Your Grades (Paperback)

By Geetanjali Mukherjee

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.COMPANION WORKBOOK TO ANYONE CAN GET AN A+ Are you preparing for a competitive standardized test or struggling in school or college? Do you want to spend less time studying and still get good grades? Do you need to raise your GPA? Studying for tests and exams can be stressful, not just for students, but also for teachers and parents. Grades in school exams and standardized tests can seem to determine your entire future, and yet many students are not able to get the grades they think they need to succeed. Anyone Can Get An A+ is a conversational, down-to-earth guide for high school and college students on how to maximize their learning and get the grades they want. The book draws on research from the fields of psychology and neuroscience, and gives students practical advice that they can implement right away, to overcome procrastination, make the most of their study time and improve their grades significantly. This companion workbook to Anyone Can Get An A+ contains more than 120 exercises to help you implement and personalize the advice in the book...



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