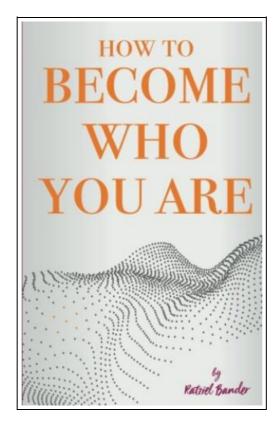
# How to Become Who You Are (Paperback)



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# Reviews

I just started looking over this ebook. It is actually rally fascinating throgh reading period of time. You wont really feel monotony at anytime of your time (that's what catalogues are for about when you request me).

(Miss Naomie Kohler PhD)

## HOW TO BECOME WHO YOU ARE (PAPERBACK)



Leiztarco, Inc., 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. Every person s individual conceptual reality is held in place by the subconscious, which exists on the periphery of our conscious experience. The conscious mind did not establish these conceptual constructions; they were gathered from experience by the subconscious and constructed to keep us safe. The ancient Greeks of the mystery schools called the result of this construction the meta-identity. That means it is the identity that comes after the original identity with which we were born. The construction starts as early as when we cry for our first food. The subconscious, using the physical dynamics and chemistry of the brain, constructs the world around us at every moment. Without this interface between the subconscious and the brain, the world might be a very confusing place. According to the blueprint the subconscious has established, the conscious mind will view and react to the world from a particular and unique perspective. But no concept embedded in the subconscious is really a part of the self. Constructs only help us navigate the world in which we find ourselves. They are useful, and often necessary, but they are also disposable and replaceable with concepts that are more appropriate to our present circumstances and accumulated life knowledge. Since the subconscious is the author and keeper of the concepts that construct, and lead us to react to the world, it must also be the agent of change. The author provides simple methods to observe the subconscious construction and engage with the subconscious in ways that encourage not only greater insight into yourself, but also provide catalysts for the subconscious to change the fundamental concepts that may be limiting your success in the world and in your personal and business...



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