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Tor Mark, Redruth, 2006. Soft cover. Condition: New Book. Dust Jacket Condition: New Book No DJ. 1st Edition. New Book no DJ., Softcover laminated. 48 pages. 'As a working mum and now a working grandmother she understands the pressures of a busy life. These recipes take the minimum of preparation, and use the freshest of ingredients from the South-West or wherever you are: fast food without cardboard boxes.



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