



Into the Known: A Handbook for Change

By Susan Spensley

iUniverse. Paperback. Condition: New. 260 pages. Dimensions: 8.4in. x 5.5in. x 0.8in. Two authors from different backgrounds and perspectives, Susan Spensley and Janet Bajan, come together to present a series of channeled dissertations. Spensley adeptly brings through the teachings of the Ascended Masters and Archangels. Life topics such as: power, trust, grace, love, strength, etc., are explored. Bajan asks thoughtful and leading questions of the Masters and offers a traditional philosophical perspective. Compassion for self and others and the power of choice, are the main teachings woven through the material. The Masters, in non-judgmental style, offer us a bigger picture for each chapter. They illustrate the picture with various real-life scenarios we may find ourselves in. We have therefore, repeated opportunities to receive and relate to the messages. Each example allows another possibility to deepen our understanding. The chapters close with summaries, spiritual exercises and meditations for ongoing personal support. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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