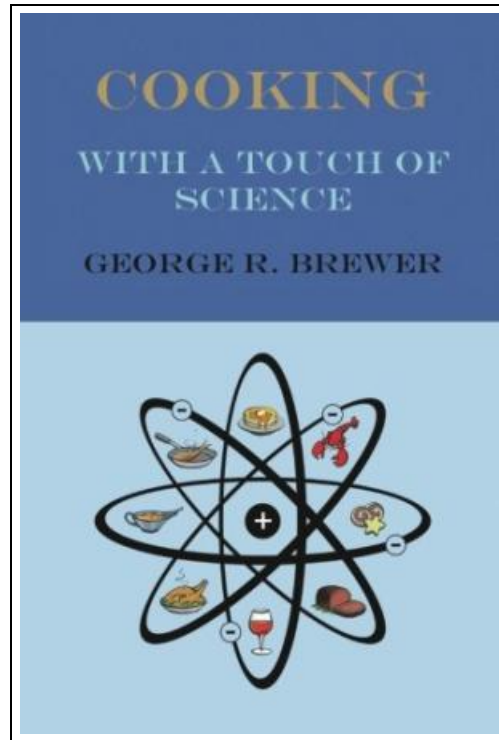


Cooking with a Touch of Science



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Reviews

This created publication is wonderful. This can be for those who statte that there had not been a worth looking at. Your lifestyle period will probably be transform when you comprehensive looking at this book.
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COOKING WITH A TOUCH OF SCIENCE



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Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Cooking with a Touch of Science watchfully enables the cook to extend his or her culinary limits by explaining why certain steps and procedures are critical to producing a delicious meal, nurturing all around better cooking skills while introducing a selection of recipes sure to impress. Above all, this is a cookbook of favorite gourmet recipes, enhanced with insightful scientific explanations and valuable cooking tips. It contains 84 recipes, covering a wide range of foods from tender pancakes to roasts and stews, heavenly lasagna, savory cheese-and-cream-flavored fish-in-a-ramekin, exotica such as Lobster Thermidor, Beef Wellington, unusual foreign specialties, and tasty sauces that will turn any entree into a memorable feast. Recipes have been prepared and tested thoroughly by the author, George Brewer (PhD) over three decades. They are enlivened with stories of their origins and imaginative serving suggestions and are presented in an easy-to-read fashion. Special sections discuss in detail the best way to roast a turkey or cook a beef roast, with a well-tested primer on optimizing cooking time -- that most critical part of the cooking cycle -- to assure the best tasting, most tender and juicy meat. The detailed data from extensive cooking tests, providing specific cooking times for roasts and turkeys according to their shape and weight, form unique contributions to the art of preparing delicious food. For example, the conventional use of a numerical parameter- minutes/pound - to estimate cooking times is shown to be not applicable to prime-rib class cuts of beef (including rib-eye and tenderloin roasts); this book offers a substitute procedure. In addition to four chapters that provide recipes for specific foods, a full chapter is devoted specifically to sauces, including...



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