



Know: A spiritual wake-up call

By Royce Amy Morales

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 316 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. Many are hungry for inner spiritual exploration, but have become frustrated with books and programs offering clichéd concepts and superficial answers. Where recent books like *The Secret* opened the door, *Know: A spiritual wake-up call*, catapults it wide. New Age philosophies and self-help books make sense and feel good. However, once back in the real world the concepts are difficult, if not impossible to apply, maintain or live by. Sadly, they offer little to create lasting change or alter life's conditions, and may leave readers feeling even more discouraged. *Know* doesn't offer ways to act as if or techniques to fake it better through life. The information escorts the reader through an epic inner adventure that can shift consciousness dramatically. Laced with true personal accounts, along with experiential inner exercises, *Know* can help people break free of old patterns. This book provides hope that any stuck area of life can transform, not by chanting affirmations or applying the power of intention, but by finding and resolving sources of unconscious barriers. *Know* explains the impact of certain fear-based events that dramatically...



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