



Good Sugar Bad Sugar (Paperback)

By Allen Carr

Arcturus Publishing, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book. READ GOOD SUGAR BAD SUGAR AND BE THE WEIGHT YOU WANT TO BE FOR THE REST OF YOUR LIFE. Good Sugar Bad Sugar tackles the biggest dietary threat to the modern world: The addiction to refined sugar and processed carbohydrates, which is causing epidemics in obesity and Type 2 diabetes on a global scale. Sugar and carb consumption is an addiction that begins at birth, but once you free yourself with Easyway, you ll enjoy better health, higher levels of energy, dramatically improved body shape, and a happier, healthier lifestyle. Allen Carr has helped millions worldwide and he can do the same for you. His books have sold over 15 million copies worldwide, and read by an estimated 40 million people, while countless more have been helped to quit through his network of clinics. Allen Carr s Easyway has spread all over the world for one reason alone: BECAUSE IT WORKS. - A UNIQUE METHOD THAT DOES NOT REQUIRE WILLPOWER - REMOVES ADDICTION TO REFINED SUGAR AND PROCESSED CARBOHYDRATES - STOP EASILY, IMMEDIATELY, PAINLESSLY, AND PERMANENTLY - REGAIN CONTROL OF YOUR LIFE What people say about...



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