



## Gout. Gout Diet and Gout Treatment. Guide to Gout Natural Remedies, Home Remedies, Diet, Treatment, Prevention, Recipes, Current Research. (Paperback)

By Gilbert Goldstein

IMB Publishing, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It has been estimated by the National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS), that around 6 million adults, in the USA, around the ages of 20 years or older suffer from gout and have been diagnosed with the disease. The majority of the people who have gout are completely clueless with regards to how the issue can lead to even greater concerns later on in life if proper measures are not taken. Therefore, proper education and awareness is important in this regard so that people can become more vigilant. It is a known fact that gout is painful, and with severe gout attacks, a person becomes bedridden and unable to move. If the people who suffer from gout take proper measures to ease their pain, then they can lead much better and healthier lives. They will also suffer from less gout attacks and will be more comfortable overall. There are several remedies in this book that can help gout sufferers. It is important that you, the gout sufferer, get to know about the disease early on so that you...



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