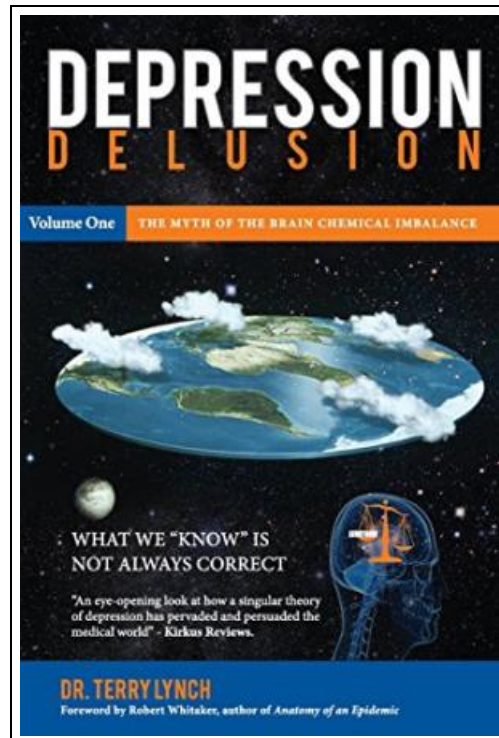


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DEPRESSION DELUSION, VOLUME ONE: THE MYTH OF THE BRAIN CHEMICAL IMBALANCE (VOLUME 1)



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Mental Health Publishing. Paperback. Condition: New. 388 pages. Dimensions: 9.0in. x 7.3in. x 0.8in. Millions of people worldwide have been seriously misinformed about their brain function by doctors who have no way of checking their patients brain chemical levels. The public have been misled into believing that brain chemical imbalances are a scientifically identified characteristic of depression. Depression Delusion Volume One: The Myth of the Brain Chemical Imbalance is a story of poor science being repeatedly misrepresented as high quality science, one that has profoundly shaped public understanding of depression. Dr. Terry Lynch takes the reader on a compelling and shocking journey. Many reputable experts have questioned this idea over the past fifty years, but their concerns were ignored. He provides many examples of unequivocal claims of brain chemical imbalances in depression by psychiatrists and GPs who really should know better. For the past fifty years, imbalances of brain chemicals have become a widely accepted and defining characteristic of depression. Yet, brain chemical imbalances have never even been reliably identified. People diagnosed with depression never have levels of serotonin or other brain chemicals measured. No such tests exist, since no abnormality has been identified. Yet, this falsehood has become a widely accepted fact about depression. Terry Lynch explains that this falsehood meets psychiatry's own definition of a delusion. Lynch describes how the main forces and beneficiaries behind the promotion of this falsehood have been the pharmaceutical industry and the medical profession. He explains how the promotion of depression as a brain chemical imbalance has greatly benefited some doctors, particularly psychiatrists and GPs. This forceful process of persuasion has been remarkably successful. Terry Lynch discusses how this falsehood infiltrated beyond the medical profession, into significant sections of psychology, psychotherapy and counselling, the nutrition industry, many mental health organisations, the media and ultimately,...



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