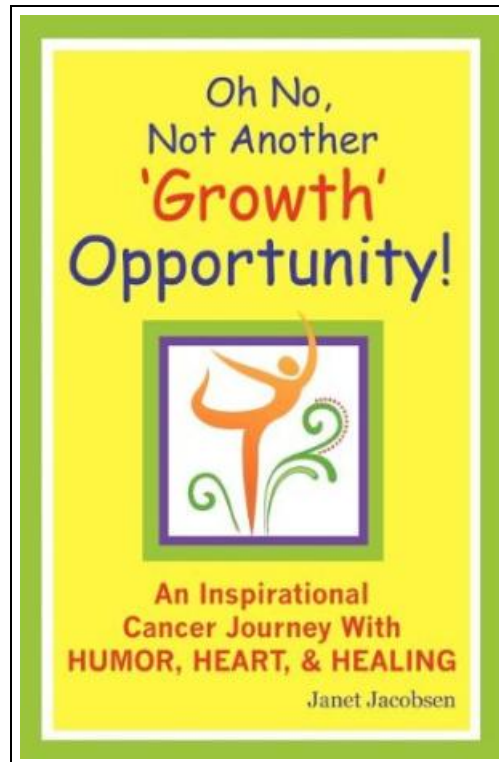


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Growth-Ink Publishing, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Janet Jacobsen writes with candor, compassion, and refreshing humor about her adventure with cancer. The book reveals her holistic healing approach, which includes calming emotional and spiritual practices, as well as the diet and alternative treatments that have extended her life, and possibly even cured her cancer. It is a compelling journey of physical, emotional, and spiritual healing. On this journey she faced her worst fears and discovered the surprising gifts inherent in adversity. When it seems that life has turned on us, it has instead turned us ON, turning up the light and volume of our aliveness. This book is a valuable guide for anyone with life challenges who wants to be uplifted, touched, encouraged, informed, and even amused. Yes, it s true.we can find humor in ANYTHING!After the initial shock of her cancer diagnosis, she realized that it was the ultimate personal growth opportunity and was determined to get the most growth she could from it. It was also an opportunity to do the inspirational writing she always said she d do someday. Cancer kicked her someday into write now ! She began writing about her cancer journey and sharing it with others in a newsletter.When the cancer returned as a tumor the size of a lemon, her first reaction was, Oh no, not another growth opportunity! Being given a lemon-a really sour, potentially lethal lemon-she was determined to turn it into sweet lemonade. If time was short, as her doctor predicted, she wanted to get as much juice as she could out of it-to live, love, learn, and grow fully, and share it all with others. This book contains the inspiring essays she wrote on her journey and...

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