



Being a Teen: Everything Teen Girls Boys Should Know about Relationships, Sex, Love, Healthy, Identity More: Everything Teen Girls Boys Should Know about Relationships, Sex, Love, Health, Identity More (Hardback)

By Jane Fonda

Turtleback Books, United States, 2014. Hardback. Book Condition: New. Bound for Schools Libraries ed.. 206 x 142 mm. Language: English . Brand New Book. AN ALL-ENCOMPASSING GUIDE THAT PARENTS WILL WANT FOR THEIR TEENS This thorough, concise guide offers straight talk about: - The male and female body as it changes and matures. - Teen relationships: what it takes to create happy, supportive, positive, and meaningful connections with family, friends, and others. - Identity empowerment: how to be authentic and thrive in today s world. - Sex and sexuality for boys and girls: how teens should take care of their bodies, embrace their experiences, and strengthen self-esteem. - Strategies for working through the toughest challenges, including bullying, sexual abuse, eating disorders, pregnancy, and more. Advance praise for Being a Teen Being a Teen should be in the hands of every teen in the world. It is a myth-busting, fact-filled treasure full of life information all teens want and need to know. --Christiane Northrup, M.D., New York Times bestselling author of Women s Bodies, Women s Wisdom Clear, unflinching, and nonjudgmental . . . a reliable guide to the turbulent physical and social transitions of adolescence. --Michael Kimmel, Distinguished Professor of...



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