



What a Journey (Paperback)

By Paul M Lindenfeld

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. An inspirational story of a Man s Journey through life as he navigates his world living with bipolar disorder while trying to raise a family, and provide a good life for his children. He faces many challenges, starting at a young age, including overcoming the consequences, that occur during manic and depressive episodes and his own shortcomings, which all lead him to this day. When he was first treated, there was not nearly the knowledge or treatment options that there are today, and he struggled with accepting what his diagnosis meant to him, and how to live with it daily, to be a successful productive person. Our story begins, with a relatively normal childhood, and progresses through adolescence, where the first signs of trouble arise. His story will take you on his journey, from the triumph of being accepted into a major University, to the fear of living homeless on the streets of northeast Florida. Follow along, as he rises above being young and homeless on the street, to meeting the love of his life, having a family at a young...

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