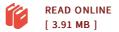


I. L. Y. I Love You One Teen Girls Guide to a Bully-Proof Adolescence

By Julia Weber

Balboa PressAU. Paperback. Condition: New. 136 pages. Dimensions: 8.3in. x 5.4in. x 0.9in.OK - so picture this. Youre at home in front of the mirror. Telling yourself exactly what you think of yourself. Too fat. Too pasty. Too little. And thats just your little finger youre looking at. You dont even think of paying yourself one single compliment. Are you your own worst enemy Enter the bully - she can pick you in a moment. She knows she can take a shot at you and youll fall down in a heap, and you know why Because shes actually on your side, shes picking you to pieces in the same way that you treat yourself. Theres really only one lasting solution to the bullying nightmare. Youve gotta learn to ILY yourself and understand that its not your problem. ILY is short for I LOVE YOU, and this self-help book for teen girls teaches the importance of loving yourself and others so you can be happy in the teenage years. 14 year-old Australian teenager Julia Weber knows only too well what its like to be bullied, both in person and via cyberspace. She has become an anti-bullying campaigner and now fills the...



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