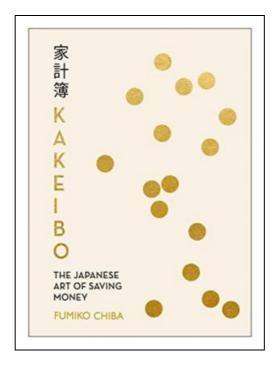
# Kakeibo: The Japanese Art of Saving Money (Paperback)



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# Reviews

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## KAKEIBO: THE JAPANESE ART OF SAVING MONEY (PAPERBACK)



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Penguin Books Ltd, United Kingdom, 2017. Paperback. Condition: New. Language: English. Brand New Book. THE PERFECT STOCKING FILLER for anyone you know who needs help saving money. THE simple, foolproof journal to save yourself money one day at a time this Christmas AND New Year... People in Japan are masters of minimal living, able to make do with less in all aspects of life, whether it s de-cluttering personal belongings or savvy seasonal cooking. But at the heart of all this is the kakeibo: the budgeting journal used to set saving goals and spend wisely. The premise is simple: at the beginning of each month you sit down with your kakeibo and think mindfully about how much you would like to save and what you will need to do in order to reach your goal. The kakeibo then gives you space to jot down your weekly spending and reflecting on the month just gone. The simple act of completing your kakeibo ensures that saving is a part of your everyday life, while also giving you the opportunity to reflect and improve every month. By using this kakeibo, you can get a grip on your spending and start to achieve your goals, by finding ways to save for the things that really matter in your life. Don t give up what you want most for what you want now... This is the Japanese Journal that puts more money in YOUR pocket every month.



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