



The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children (5th edition)

By Ross W. Greene

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children (5th edition), Ross W. Greene, Almost everyone knows an explosive child, one whose frequent, severe fits of temper leave his or her parents standing helpless in their fear, frustration, and guilt. Most of these parents have tried everything—reasoning, behavior modification, therapy, medication—but to no avail. They wonder if their child is deviant or just plain bad. Dr. Ross Greene, a distinguished clinician and pioneer in this field, has worked with thousands of explosive children, and he has good news: these kids aren't bad, and neither are their parents. Rather, explosive children suffer from a physiological deficiency in frustration tolerance and flexibility. Throughout this compassionate book, Dr. Greene demonstrates why traditional treatments don't work for these kids and offers a new conceptual framework for understanding their behavior, along with new language to describe it. He explains the latest neuroscience findings about the importance of flexibility, and, most important, he shows parents specific, practical ways they can recognize the signs of an impending explosion, defuse tension, and reduce frustration levels for the entire family.



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