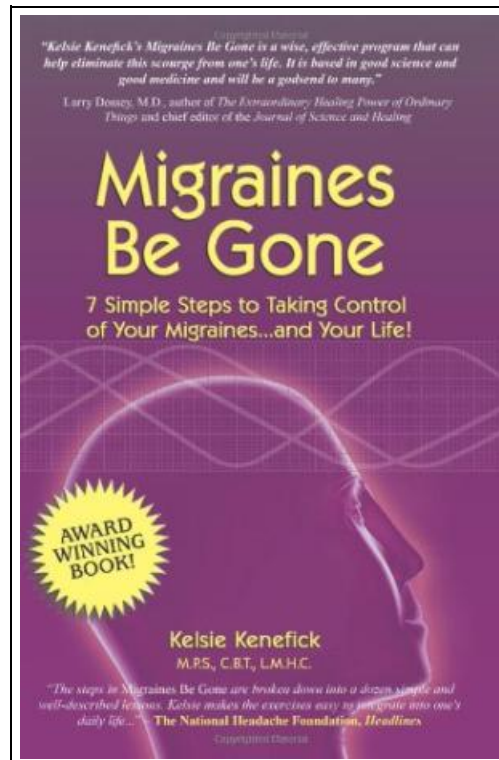


Migraines Be Gone



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Reviews

An incredibly amazing book with perfect and lucid information. I was able to comprehend everything using this written e book. I realized this book from my dad and i advised this ebook to understand.
(Hank Ruecker DDS)

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Roots and Wings Pub. Paperback. Condition: New. 192 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. This award winning book is a must-read migraine sufferers and health care practitioners who work with migraine patients. Unlike any other headache book, Migraines Be Gone teaches migraine sufferers how to overcome their migraines using a step-by-step approach to balancing the nervous system. Clinically proven safe and effective, anyone committed to eliminating their migraines naturally can master these seven simple steps. Praise for Migraines Be Gone. . . Endorsements Kelsie Keneficks Migraines Be Gone is a wise, effective program that can help eliminate this scourge from ones life. It is based in good science and good medicine and will be a godsend to many. Larry Dossey, M. D. , author of The Extraordinary Healing Power of Ordinary Things, Healing Words, and chief editor of the Journal of Science and Healing Kelsies expertise in treating migraine patients is as apparent as her powerful, yet gentle, approach towards bringing balance to the nervous system. . . a must- read for anyone suffering from migraines. Dr. Elmer Green, PhD, founder of medical biofeedback, founder of ISSSEEM, and co-author of Beyond Biofeedback This book is a treasure for anyone who suffers from headaches. . . finally a book has been written that teaches people how to manage their headaches naturally. . . bravo! Phil Cambe, M. D. , Medical Director of the Pain Management Program, Boulder Community Hospital, Boulder, CO. This self-regulating modality has consistently helped my patients throughout the years. This program works and helps patients achieve an optimal state of mental and physical health as they learn to regulate their nervous system. Lesley McConville, M. D. , Neurologist, Referring Physician This book stands apart from all other books written on migraines because this one tells you what to...

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