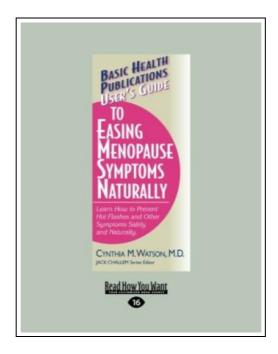
# Users Guide to Easing Menopause Symptoms Naturally: Learn How to Prevent Hot Flashes and Other Symtoms Safely and Naturally (Large Print 16pt)



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## Reviews

It is an incredible book which i actually have ever go through. it had been writtern extremely completely and helpful. You can expect to like the way the blogger publish this book.

(Prof. Jerad Lesch)

# USERS GUIDE TO EASING MENOPAUSE SYMPTOMS NATURALLY: LEARN HOW TO PREVENT HOT FLASHES AND OTHER SYMTOMS SAFELY AND NATURALLY (LARGE PRINT 16PT)



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ReadHowYouWant. Paperback. Book Condition: New. Paperback. 140 pages. Dimensions: 10.3in. x 7.7in. x 0.6in.Menopause has traditionally signaled a time of change and uncertainty in womens bodies. In this remarkable Users Guide, Dr. Cynthia M. Watson explains that most women can use foods and natural supplements - not drugs - to ease and often stop many of the undesirable signs of perimenopause and menopause, including hot flashes, bone loss, and an increased risk of heart disease. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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