



Pocket of Pearls: A 30-Day Pocket Workbook to Start Hearing a Softer Voice Inside of You! (Paperback)

By Merna D Throne

Outskirts Press, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you treat yourself like you treat other people? Today's world is highlighted heavily with pressure from career, money, family, friends, and just LIFE! We all tend to fill our lives with many aspects of work, fun, and leisure. However, how strong is the personal voice inside of us? There are many philosophers who are in the public eye today and each teach their tools to a better life and YOU! This pocket journal can support you on the voyage to a better self, whichever philosophies you choose to follow. In this workbook you will be challenged with a daily work out to learn more about you and your inner voice! You will gather a string of pearls of wisdom for YOU, while carrying them with yourself daily. Share your pearls with your friends and share this experience together. Start grooming your inner dialogue to speak to you in the way you deserve.

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