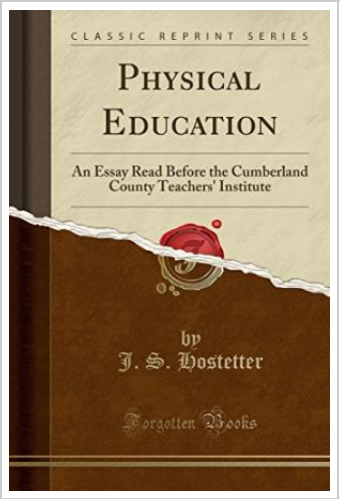

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Physical Education: An Essay Read Before the Cumberland County Teachers Institute (Classic Reprint) (Paperback)

By J S Hostetter

Forgotten Books, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from Physical Education: An Essay Read Before the Cumberland County Teachers Institute For man to be healthy, happy and useful, every part of his triad nature must be developed in har mony. It is indeed true that man was made to think, but he was made no less to feel and act. And it is an assertion that can be sustained by facts, that it is the individual whose triple nature is best balanced by a proper and harmonious edu cation, who can think, feel and act most happily and successfully. Man may be regarded as the creature of education, in every department of his constitution, for this purpose he comes into the world the most helpl and dependent of all living creatures. His educa tion begins as soon as he first draws the atmospheric air into his lungs. The parent is the educator, assisted by the teacher from the age of five years to eighteen or twenty, when the work falls into his own hands. The appliances are instruction and discipline precept and example. Instruction, to enlighten and inform Discipline, to...

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