

First Aid for Sports Injuries

Third Edition



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First Aid for Sports Injuries: Immediate Response to Sports Injuries for Amateur Athletes, Coaches, Teachers, and Parents (Paperback)

By Stanley H Inkelis M D, Eric D Golanty Ph D

Eric Golanty and Associates, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book is for amateur athletes, youth sports coaches, parents, and teachers who are called upon to deal immediately with sports injuries soon after they occur. Nearly 8 million sports injuries occur in the United States each year; about 50 of them occur in children aged 14 and younger in school and organized sports and other recreational activities. Despite the type of sports injury or how it happened, healing and returning to sports activity are facilitated by applying specific first aid measures as soon as possible after an injury occurs. This book describes how to manage the most common sports injuries until competent medical attention can be obtained; the book most definitely is not intended to replace competent medical care. The book is authored by Stanley H. Inkelis, M.D., Professor of Pediatrics and Emergency Medicine, UCLA School of Medicine and Eric Golanty, Ph.D., Professor Emeritus of Health and Wellness at Las Positas College and author of How to Prevent and Help Heal Running and Other Sports Injuries and Health and Wellness.



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